

FOR UNDERSTANDING RESPONSIBILITY SYMPATHY EFFICIENT

THESE
5 WORDS
CAN CHANGE
YOUR LIFE



NAKSHATRA

INSTITUTE OF NURSING
UNDER - NAKSHATRA EDUCATIONAL TRUST
Recognised and Affiliated under WBNC & WBUHS

Address :
Rasulpur, Bankura,
West Bengal - 722205

Greetings !

The onus being on holistic preparation of nurses, the Nakshatra Institute Of Nursing was established in the year 2022, with the twin objective of empowering Nurses with quality education and manpower development. The Hon'ble founder president Shaikh Abdus Sabur (President of more than five educational institutes) is the pillar and founder of this institution. The Nakshatra Institute Of Nursing is headed by our Hon'ble Secretary Shaikh Abdus Samad and our enigmatic Administrative director Md Rafiqul Islam.

Nakshatra Institute Of Nursing strives to provide the best nursing education that combines the development of cognitive, affective as well as psychomotor domains of learning by adapting to recent technological advances.

Nowadays, numerous medical training institutes associated with healthcare services have been established all over Indian Continent. But few of them can claim themselves as best since they provide extensive knowledge in this field of education. Nakshatra Institute of Nursing is providing the best nursing Courses in Bankura, an institute founded on the principles of honesty and transparency in both the sectors of Education and Healthcare.

Within a short span of the establishment, the Institution is built on an Eco-friendly campus, own spacious College & Hostel Buildings as per Indian Nursing Council Norms at Rasulpur. Nakshatra Institute Of Nursing embarked upon its mission of preparing nursing cadets to serve the needy nationally.

We offer 3 years Diploma in General Nursing and Midwifery course GNM-Male(3years) and B.Sc. Nursing (4years) for male with highly qualified faculties. Also, we have excellent infrastructure with conducive learning environments like library facilities hostel facilities with all the available amenities to support the students' study, success and achievement.



Be Proud to be Nurse,
serve the humanity



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INSTITUTE OF NURSING

www.nakshatrain.com



Overview of the Programme

Nursing is a profession within the health care sector focused on the care of individuals, families and communities so they may attain, maintain or recover optimal health and quality of life. Nurses may be differentiated from other health care providers by their approach to patient care, training and scope of practice. Nurses practice in many specialties with differing levels of prescription authority.

Education for the practice of professional nursing demands a substantial knowledge of nursing, drawing the foundation from knowledge of the behavioral and biological sciences. The nursing component includes lectures, laboratory and clinical courses concentrated in every nursing programme. The nursing courses include coursework relevant to professional practice, delivery of nursing care, systems for care delivery and leadership skill development appropriate to current dynamic and diverse health care settings. Clinical courses, offered in both hospital settings and the community, provide students with the opportunity to apply theoretical knowledge to practice.

Nakshatra Institute Of Nursing follows the syllabus laid down by the Indian Nursing Council (INC). The Nursing curriculum allows students to take part in rural and urban health camps; educational field visits, industries etc. This nursing programme is based on education within an academic framework specifically directed to the development of critical thinking skills, competencies and standards required for practice of professional nursing.

Nursing education programmes prepares its graduates into an admirable citizen by adhering to code of ethics and professional conduct at all times in fulfilling their duties....

At the end of the programme, students are well equipped with knowledge and skills to pursue a career in Nursing.





Our Mission

Nakshatra Institute Of Nursing is to prepare excellent health care providers and leaders to transform the lives of persons and communities through innovative education and health care.

- Clinical excellence
- Critical thinking
- Transformative curricula
- Student-Centered learning
- Experiential learning
- Inter-professional collaboration
- Self-reflection.
- Leadership

Our Vision



Nakshatra Institute Of Nursing is a private institution of higher education dedicated exclusively to educating students for the diverse opportunities offered by careers in nursing and other health care fields.

Our Philosophy

Nakshatra Institute Of Nursing flows from the mission of the school and supports the concepts of clinical competence, excellence in education, holistic care, professionalism, evidence-based practice, and lifelong learning.

Objective

- Prepare nursing graduates to assume responsibility in preventive, promotive, curative & rehabilitative care of patients in hospital and community level.
- To meet the requirements of dedicated nurses for various hospitals in India and other countries as well.
- To meet the acute shortage of qualified nursing personnel in the country in general and Uttarakhand State in particular.
- To promote and strengthen the nursing skills for better competence in the nursing profession in general and patient care in particular.
- To produce 'Nurse Administrators and educators in the hospital and in the community for better implementation of National Health Programmes.
- To provide qualified nurses to the country to cope up with advancement in Medical Science and Technology.
- To enable them to get job opportunities at economically better position.



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Director's Message



Mr. Shaikh Abdus Sabur

Director
Nakshatra Institute Of Nursing

The "Nakshatra" trust is spreading its wings & has set up a nursing college at Rasulpur. Nakshatra Institute Of Nursing started its journey in January-2021 under Nakshatra trust.

The vision behind the institute is to provide world class nursing education by inculcating moral values and all-round development which enables students from various backgrounds to become true professional in the nursing field. I firmly believe that at Nakshatra Institute Of Nursing , you will be empowered with the best in class education, skill development and thus mould you for a bright future ahead....

I wish best luck of all the students who look forward to embark the journey of their career with Nakshatra Institute Of Nursing, Rasulpur. You may rely on us for charting the best career graph for you.

We have exemplary vision of taking this college to greater heights.

**Happy Learning and
stay blessed at NIN!!!**

Administrator's Message

Remember you are the largest work force in the health care sector. The role of the nurses is very important as you are in the front lines to give care to the patients. I am sure your journey in Nakshatra Institute Of Nursing will be a smooth one. Your hard work and sacrifice will certainly make you a qualified health care professional. As a nurse, you will be called 'angels' and truly to the sick and suffering people you will bring solace and will be an angel.



Md Rafiqul Islam

Administrative Director
Nakshatra Institute Of Nursing

**Welcome to NIN.
God bless.**



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Career Prospects after GNM-(Male) Course

After completing a GNM course, there are a variety of paths a graduate can take in order to pursue a career in Nursing. Recruiting organisations include hospitals, nursing homes, NGOs, dispensaries, first-aid clinics, nurse teaching companies, etc.. Some of the major career prospects in Nursing are mentioned.

- Midwife Nurse
- Clinical Nurse
- Emergency Care Nurse
- Legal Nursing Consultant
- Mental Health Carer
- Nursing Educator
- Child Nurse
- Social Worker
- Community Nurse
- Forensic Nurse
- Health Promotion Official
- International Opportunities for your Nursing Career.



Why More Men are Getting Into Nursing

The numbers don't lie: more and more males are getting into the nursing profession. According to a March 2020 article, the four central hospitals in Ohio all saw a marked increase in their number of male nurses. Nationwide, Children's hospitals' ratio of male nurses jumped 66%, while Ohio State University's Wexner Medical Center doubled their rates of male nurses over the past decade. There is also a demand for more male nurses in the healthcare field, as providers and patients alike become aware of the many benefits male-identifying nurses can provide. For instance, the presence of more male-identifying nurses can help ensure that male patients feel represented. And for certain sensitive procedures, patients might prefer a nurse of a certain sex, particularly for procedures such as inserting a catheter, using the bathroom or bedpan, or giving an enema

Benefits of Becoming a Male Nurse

As described in Minority Nurse Journal, men are entering into the nursing workforce for a variety of reasons, such as a shift in availability in other traditionally male professions, like the automotive industry. And of course, the benefits to males who want to enter the nursing profession are numerous too, including:

1. **Career Stability:** The demand for Registered Nurses is predicted to exceed 3.19 million by 2024.
2. **Stable Pay:** Minority Nurse notes that unemployed men who move into female-dominated careers -- such as nursing -- tend to see a 3.8% rise in their pay.
3. **Career Flexibility:** Nursing is a unique field that allows for part-time, full-time, variable, per diem, or combination shifts. And because many male nurses enter the field mid-career, flexibility may be even more prized.
4. **Travel Opportunities:** Male nurses who are interested in travel can enter the field of travel nursing to try their hand at learning new skills and traveling to new places.
5. **Scholarships for Male Nurses:** There are a variety of scholarships available to prospective male nurses, such as those offered through the American Association of Male Nurses.

Most Popular Specialties for Male Nurses

There are male nurses in every nurse specialty -- from obstetrics to geriatrics to sexual assault examiners. But there seem to be certain specialties that attract a larger number of men. Some of the more popular specialties for male nurses include:

- **Certified Registered Nurse Anesthetist (CRNA):** One of the highest-paying professions in the nursing field, Certified Registered Nurse Anesthetists provide anesthesia care for patients undergoing surgical procedures. CRNAs earn an average salary of \$181,040/year. Read more on how to become a CRNA.
- **Emergency Room Nurse:** ER nurses deal with everything that comes through a hospital door, from trauma to life-threatening emergencies to small-town routine procedures. Pay can vary widely based on geographical area, and specialization within the ER is also available, the average annual compensation for ER nurses is \$75,061, according to Glassdoor.
- **ICU Nurse:** ICU nurses may have the opportunity to make as much as \$100K per year, depending on things like specialty certification, according to PayScale. Read more on how to become an ICU nurse.
- **Critical Care Nurse:** Salary.com lists an average critical care nurse salary from just under \$80K to over \$98K.
- **Flight Nurse:** Glassdoor reports a wide range of salaries for flight nurses, from \$43,000 to as high as \$87,000. Read more on how to become a flight nurse.



Career Prospects after B.Sc Nursing(Male) Course

Nurses do not go unemployed for long periods of time. They easily find jobs in hospitals, nursing homes, orphanages, old age homes, industries, sanatoriums, and the military forces, both private and government-run. They can also work for the Indian Red Cross Society, the Indian Nursing Council, the State Nursing Councils, and other nursing organizations

Here are some popular job profiles for B. Sc Nursing graduates:

- **Staff Nurse**
- **Nursing Service Administrators**
- **Director of Nursing**
- **Department Supervisor**
- **Nursing Supervisor or Ward Sister**
- **Nursing Superintendent**
- **Community Health Nurse (CHN)**
- **Home Care Nurses**
- **Military Nurse**
- **Deputy Nursing Superintendent**
- **Teacher of Nursing**
- **Assistant Nursing Superintendent**
- **Industrial Nurse**
- **International Opportunities for your Nursing Career.**



Career Prospects after B.Sc Nursing(Male) Course

Lecture Halls

The college has sufficient and spacious lecture halls for each batch. They are well ventilated. The desks are well spaced out. Each lecture hall has the facility to use latest Audio-Visual teaching aids.

Laboratories

We have spacious with fully equipped laboratories where various procedures have been demonstrated to students and allowed students to practice. Aim is to give complete practical training in each department to develop their knowledge and skill.

Laboratories are as follows:

1. **Nursing Foundation Lab.**
2. **OBG Lab**
3. **Child Health Nursing (Pediatric) Lab**
4. **Nutrition Lab**
5. **Community Health Nursing Lab.**
6. **Advanced skill Lab.**
7. **Pre clinical Science Lab. (Bio-chemistry, Microbiology, Anatomy & Physiology)**
8. **Computer Lab.**

Computer lab and Pre clinical Science laboratories (Bio-chemistry, Microbiology, Anatomy & Physiology) are in the RPN Institution, excellently equipped with latest technology where students can learn and enhance their knowledge.



Library & Internet Facilities

The college has excellent library facilities, it is spacious and well equipped library boasts of a voluminous collection of more than 3500 books, all the latest edition books and International and National Journals are available. The library has been provided with Internet facility and students and the faculty have open access to this facility.

Auditorium

The Auditorium is spacious, equipped with latest audio-video facilities with capacity of 350 and is being extensively used for all seminars, guest lectures, symposium, workshop and extracurricular activities.

Transport

The college buses are available for students to provide practical exposure of community urban/ rural, certain field visits and trips.

Play Ground

The Nursing College has a well spacious playground where students can practice various outdoor games. Sport day is conducted annually where students compete their sports



Admission Criteria



Eligibility criteria for appearing in GNM (Male)

1.Domicile criteria: The applicant must be a citizen of India and must be domicile of West Bengal.

2.Qualification: The applicant must have passed already in class 12th (10+2) system only. ('Passed' means passed in both theory and practical/ project as applicable.)

3.Age: The minimum age for admission in B. Sc Nursing shall be 17 years on 31st December of the year admission is sought. The maximum age for admission is 35 years.

4.Language : Must be able to read, write and express in Bengali and/or Nepali.

● Academic Criteria :

- Must pass '10+2' examination from any recognized Board with at least 40% mark in aggregate.
- Must pass in English in (10+2) examination.
- Candidates passing (10+2) in Vocational Stream must be from the Health Care Science discipline.

● **Medical Fitness Certificate:** All candidates must be medically fit for the course and produce a Medical Fitness Certificate in the format given in APPENDIX- 3 at the time of admission.

● **Recognized Board:** Refer to the list of recognized Board/Council given in Board's website # www.wbjeeb.nic.in

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3.Age: The minimum age for admission in B. Sc Nursing shall be 17 years on 31st December of the year admission is sought. The maximum age for admission is 35 years.

● Academic Criteria :

- Candidate must pass the subjects with individual pass marks (In both theory and practical separately, wherever applicable)
- **For General and EWS :** 10+2 class passed with Science (PCB) with aggregate of 45% for General/EWS and 40% For SC/ST/OBC/Pwd marks from recognized board. Must pass in English.
- Candidate must pass (10+2) examination from any recognized board/council. (Refer to the list of recognized Board/Council given in Board's website #www.wbjeeb.nic.in)

● **Student shall be medically fit as per WBJEE proforma.**

● **Student shall be admitted once in a year.**



Withdrawal from the course

As a matter of policy, students are not relieved during the course of study, if any student after admission to the programme decides to withdraw voluntarily from the college at any time before completing the programme she or he shall have to communicate her or his decision to the university in writing along with their parent's consent letter. Fees and documents are non-refundable in any circumstance.

Anti Sexual Harassment Committee

Anti Sexual Harassment Committee, comprising of members from the teaching and non-teaching staff as well as students looks into matters related to sexual harassment of students and staffs in the college. The boards indicating the names, their phone numbers of the committee members are displayed in the college.

Ragging

Ragging in any form is a punishable offence and committing this act of indiscipline shall result in instant cancellation of the concerned student's admission to the course or into his/her rustication. It must be noted that the institute considers ragging a cognizable offence and will not hesitate to take strong action against the offenders Here are the extracts from the UGC's Committee Report. Guidelines given by the University Grants Commission to Curb the Menace of Ragging in Universities/ Educational Institutions.

The word "Ragging" means the act of teasing, taunting, playing a practical joke upon someone or holding comicparades and other activities during certain period of a college term to raise money for charity.

Punishments

- Cancellation of admission
- Suspension from attending classes.
- Withholding/withdrawing scholarship/fellowship and other benefits.
- Debarring from appearing in any test/examination or other evaluation process.
- Withholding results.
- Debarring from representing the institution in any national or international meet, tournament, youth festival, etc.
- Expulsion from the hostel.
- Rustication from the institution for periods varying from 1 to -1 semesters
- Expulsion from the institution and consequent debarring from admission to any other institution.
- Fine up to Rs. 25,000/-
- Rigorous imprisonment up to three years.

**RAGGING
FREE
Campus**

While the first 10 types of punishment can be awarded by the appropriate authority of the institution itself, the last punishment can be awarded only by a court of law.



SYLLABUS OF GNM NURSING

FIRST YEAR

- Bio Science :
Anatomy Physiology
Microbiology
- Behavioural Science :
Psychology , Sociology
- Nursing Foundations :
Fundamentals of
Nursing and First Aid
- Community Health Nursing
CHN - I Environmental
Hygiene , Health Education
& Communication Skills,
Nutrition
- English
- Computer Education
- Co - curricular activities

SECOND YEAR

- Medical Surgical
Nursing - I
- Medical Surgical
Nursing - II
- Mental Health Nursing
- Child Health Nursing
- Co - curricular Activities

THIRD YEAR PART - I

- Midwifery &
Gynecological
Nursing
- Community Health
Nursing - II
- Co - curricular

THIRD YEAR PART - II

- Nursing Education
Introduction to Research
and Statistics
- Professional Trends &
Adjustments
- Nursing Administration &
ward management
- Medical Surgical Nursing
- Community Health Nursing
- Midwifery & Gynecological
Nursing
- Mental Health Nursing

SYLLABUS OF B.Sc NURSING

Semester - 1

- * General Science
(Refresher Course)
- * Communicative English
- * Applied Anatomy applied
Physiology
- * Applied Sociology &
applied psychology
- * Nursing Foundation I

Semester - 2

1. Applied Biochemistry
2. Applied Nutrition & dietetics
3. ** Nursing Foundation II
including First Aid module
4. Introduction to Community
Health Nursing including
Health Care Policy &
Regulation &
Environmental Science

Mandatory Module
* **First Aid**

Semester - 3

1. Applied Microbiology &
Infection Control including
Safety
2. Pharmacology - I
3. Pathology - I
4. *Adult Health (Medical
Surgical) Nursing I with
integrated pathophysiology
5. Professionalism , Professional
values & ethics including
bioethics

Mandatory Module
* **First Aid**

Semester - 4

- 1.* Pharmacology II
- 2.* Pathology II & Genetics
- 3.** Adult Health Nursing II
including Geriatric Nursing
with integrated
pathophysiology
4. Educational Technology /
Nursing education

Mandatory Module
* **Health Assessment**

Semester - 5

1. * Child Health Nursing-I *
2. Mental Health Nursing-I
3. Nursing Management &
Leadership
4. Nursing Research &
Statistics
5. Health / Nursing Information
& Technology
6. Introduction to Forensic
Nursing & Indian Laws

Mandatory Module
* **PLS / PALS , IMNCI Essential
Newborn Care & Facility Based
Newborn Care (FBNBC)**

Semester - 6

1. Child Health Nursing-II
2. Mental Health Nursing-II
- 3.* Community Health Nursing-I
(Including epidemiology)
4. Midwifery / Obstetrics &
Gynaecology (OBG)
Nursing I

Mandatory Module
* **Standard treatment protocols
used in national health
programmes (Part I from
NPPHC syllabus draft)**

Semester - 7

1. * Community Health
Nursing-II
2. Midwifery / Obstetrics &
Gynaecology (OBG)
Nursing-II

Mandatory Module
* **Standard treatment protocols
used in national health
programmes (Part II from
NPPHC syllabus draft)**
* **SBA module (VI / VII Sem)**

Semester - 8

1. Internship (Intensive
practicum / Residency
posting)

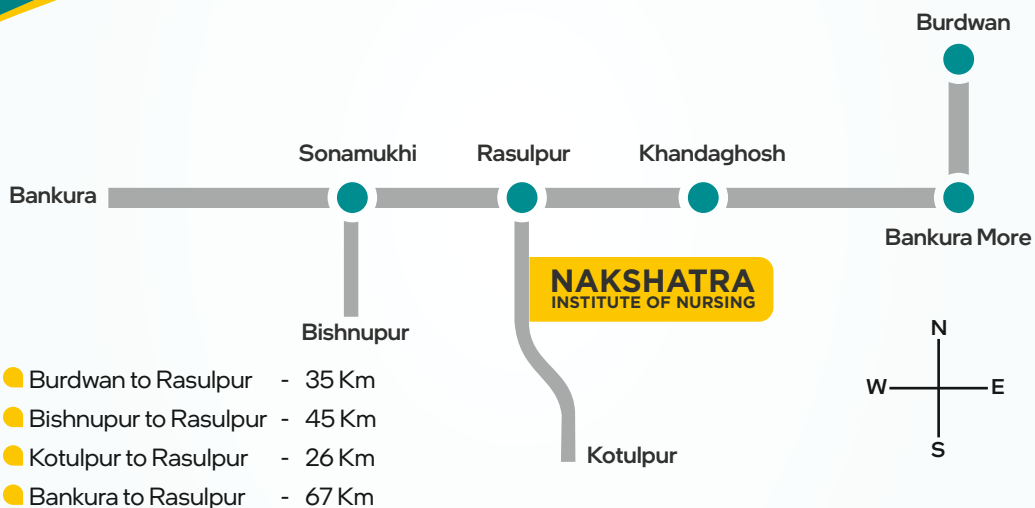
Mandatory Module
ACLS





"Nursing is an art: and if it is to be made an art, it requires as exclusive a devotion, as hard a preparation, as any painter's or sculptor's work; for what is the having to do with dead canvas or cold marble, compared with having to do with the living body, the temple of God's spirit? It is one of the Fine Arts: I had almost said the finest of the Fine Arts."

—Florence Nightingale



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